

## **Northwest Region**

## Public Presentation – Terrace Campus November 9th, 2016 12:00 pm – 1:00 pm

This session will also be available via livestream: http://original.livestream.com/unbcnorthwest

## The Impact of Generational Grief and loss in First Nation Communities



Grief is a natural consequence to lost attachment and connection, which we need to survive. Thus the grieving process is a universal process from which none of us is exempt. In this one hour discussion we will explore when loss has been imposed on a group of people by the dominant society. The discussion will be framed around 16 years of work as a private therapist working with six different nations in 14 different First Nation communities. We will attempt to understand how the trauma of the past shows up actively in community life.

Presenter: Joelle McKiernan
Counsellor and UNBC Instructor

This lecture is also a part of *Inspiring Women Among Us*, which is an annual celebration leading up to the December 6th **Day of Remembrance and Action Against Violence Against Women**. This event offers a wide variety of public events that celebrate women's contributions to Canadian and global societies and discuss ways society can support our female colleagues, friends and family members.

