

# NORTHERN PHYSIOTHERAPY 2 DAY AGENDA

FRIDAY APRIL 27, 2018

<b>1330-1400</b>	<b>Coffee and registration @ the UNBC Bentley Centre</b>
<b>1400-1700</b>	<p><b>CPD Event: <i>Optimizing Communication for Excellence with Callie Bland</i></b></p> <p>The ability to effectively communicate with patients, colleagues, and staff plays a vital role in the overall enhancement of our healthcare as both patient-centered and inter-professional communication are proven to be associated with improved outcomes. This 3 hour course provides tools necessary to succeed in the landscape of today's healthcare system by using a simple 4-stage communication framework. Case scenarios and practice with trusted colleagues and the program facilitator supports the learning and application of these techniques.</p> <p><b>**This is open to PTs, OTs, SLPs, MDs, DCs. CME credits available**</b></p> <p>Objectives:</p> <ol style="list-style-type: none"> <li>1. Apply an evidence-based model to enhance communication-skills for healthcare providers.</li> <li>2. Recognize common challenging communication patterns that can arise in healthcare-related environments and relationships.</li> <li>3. Identify and apply the qualities of a learning conversation for the purpose of effective communication with patients and colleagues.</li> <li>4. Practice applying a structured communication approach to clinically relevant scenarios and cases, utilizing peer and facilitator feedback.</li> <li>5. Identify and commit to incorporating newly-honed communication skills in one's own professional environment for the purpose of improved patient and physician/self-satisfaction.</li> </ol>
<b>1730-2000</b>	<p><b>Physiotherapy Wine and Cheese hosted by PABC and CPTBC @ the Northern Lights Estate Winery</b></p> <p>Come mingle with your PT colleagues and say a toast to Physiotherapy in Northern BC!</p> <p><b>**This event is open to PTs**</b></p>

## SATURDAY APRIL 28, 2018

<b>0830-0900</b> <i>Breakfast and registration @ the UNBC Physiotherapy Plinth Lab</i>	
<b>0900-1200</b>	<p><b>CPD Event: <i>Ouch! I did it again: Moving Beyond the 0-10 Pain Scale in Clinical practice with Dolores Langford</i></b> (BSc. PT Certified Hand Therapist, Physiotherapy Practice Coordinator, Coastal Community of Care, Vancouver Coastal Health)</p> <p><b>**This is open to PTs, OTs, SLPs, MDs, DCs. CME credits available**</b></p> <p><b>**VC distribution is available for the following sites: Prince Rupert &amp; Kitimat. A VC Anywhere link will also be made available. Please find these details in your event confirmation email.**</b></p> <p>Objectives:</p> <ol style="list-style-type: none"> <li>1. Identify and select appropriate multi-dimensional pain evaluation tools for use in a busy clinical practice.</li> <li>2. Use these tools to identify pain inputs that can be targeted clinically.</li> <li>3. Offer an explanation of complex pain to your patients in ways they can understand.</li> <li>4. Using a case study, provide clinical tools and resources to manage centrally dominant pain.</li> </ol>
<b>1215-1245</b> <i>Lunch sponsored by NRC, PABC and CPTBC @ the UNBC Bentley Centre</i>	
<b>**This event is open to PTs**</b>	
<b>1245-1445</b>	<p><b>PABC/CPTBC “Physiotherapy Views from the North for the North: An opportunity to share your vision for the profession”</b></p> <p>Come provide your input into how PABC will operationalize their new Strategic Plan and help shape the new strategic plan for the College.</p> <p><b>**This event is open to PTs**</b></p>