



PULMONARY REHABILITATION & EXERCISE PRESCRIPTION: STATE OF THE ART & SCIENCE

FULL DAY—SEPT 22, 2018
HALF DAY—SEPT 23, 2018

VANCOUVER, PRINCE GEORGE & FORT ST. JOHN
VANCOUVER

Key Instructors

Dr. Pat Camp, PT, PhD; Dr. Gail Dechman, PT, PhD; plus other guest speakers

Target Audience

... This course is open to physical therapists, respiratory therapists, nurses, physicians, exercise physiologists and pulmonary rehabilitation professionals

Course Format

- ... A 1.5 day in-person course hosted in Vancouver with VC Distribution of course day 1 to Prince George & Fort St. John
- ... Participants will learn evidence-based assessment and treatment techniques using case studies, practical time and videos

Day 1 - September 22, 2018 (Vancouver, Prince George, Fort St. John)

- ... Describe current pulmonary rehabilitation practices in Canada
- ... Apply the latest research advances in pulmonary rehabilitation
- ... Use the results of exercise testing to create evidence-based exercise prescriptions that address deficits in aerobic capacity, endurance & strength in people with chronic lung disease, including COPD & IPF
- ... Progress exercise according to the American College of Sports Medicine (ACSM) guidelines

Day 2 - September 23, 2018 (half day - Vancouver site only)

- ... Administer field tests of aerobic capacity & muscle strength for exercise prescription

This course is offered with the generous support of the BC Lung Association

ubccpd.ca/courses-pulmonary-rehab-2018

PULMONARY REHABILITATION & EXERCISE PRESCRIPTION REGISTRATION

NFKW

CONTACT DETAILS

Dr. Mr. Ms. Urban Rural

Last Name Given Name(s)

Address

City Prov/State Postal Code

Telephone Fax

Email (required)

WORKSHOP FEES*

Includes course materials.	Cost
<input type="radio"/> 1.5 Day Course in Vancouver	\$300
<input type="radio"/> 1 Day Course in Prince George	\$145
<input type="radio"/> 1 Day Course in Fort St. John	\$145

PAYMENT

\$ VISA MC

TOTAL AMOUNT ENCLOSED

Credit Card Number Expiry Date

Name of Cardholder Signature

*No refunds or transfers, unless you cancel two weeks before the workshop date.

FOR MORE INFORMATION PLEASE VISIT
ubccpd.ca/courses-pulmonary-rehab-2018



BC Lung Association, Pulmonary Rehabilitation Network of British Columbia (PRN-BC)
Dalhousie University School of Physiotherapy



Easy ways to
Register



ubccpd.ca



604.875.5101



604.875.5078



cpd.info@ubc.ca



UBC CPD
VGH JPPN 3300
910 W 10th Ave
Vancouver BC V5Z 1M9

I am a:

- Physical Therapist
- Respiratory Therapist
- Nurse
- Physician
- Exercise Physiologist
- Pulmonary Rehabilitation Professional

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- I DO NOT CONSENT to being on the participant list

All participants registered for UBC CPD courses are included on the mailing list for future programs. If you DO NOT wish to have UBC CPD course brochures mailed to you, please indicate below.

- I DO NOT wish to be on the UBC CPD mailing list

