

# SHARING POWER NOW!

DIVERSIFYING LEADERSHIP

Nov 18-25

2020



A more detailed schedule can be found on website, [iwau.ca/iwau2020](http://iwau.ca/iwau2020)

Access most events at: [bit.ly/iwau-2020](http://bit.ly/iwau-2020)

Presented by **Inspiring Women Among Us**

## Partner List:

- GF** Global Fridays
- NRESi** Natural Resources and Environmental Studies Institute
- PGPL** Prince George Public Library
- GO** Gender Outlines
- PGPIRG** PG Public Interest Research Group
- AB** The Abstract Podcast
- CFUR** 88.7 FM
- TRG** Two Rivers Gallery
- NWC** The Northern Women's Centre

## TUE NOV 17

11:30 AM

### Flag Raising

City Proclamation for IWAU and flag raising at City of Prince George and UNBC

## WED NOV 18

12:00 PM - 1:30 PM

### Books of Influence

A Canada Reads-style panel, with community discussion and a compilation of inspiring books **PGPL**



4:30 PM - 5:30 PM

### Every Body Beautiful

A movement workshop with fitness and lifestyle guru Zandra Ross.

## THUR NOV 19

8:00 AM - 5:00 PM

### Pro-Choice Rally

Socially distanced rally—bring own sign & mask. Meet at 15th Avenue, adjacent to the University Hospital of Northern British Columbia

**NWC** // // // //

12:00 PM - 1:00 PM

### Chair Yoga

Join Carla from Chinook Yoga, and learn how to find time and space to move your body and (re)focus.

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### CFUR Podcast Winner

IWAU's Podcast winner goes live on CFUR (88.7 FM)

**PGPIRG AB CFUR**

## International Transgender Day of Remembrance

## FRI NOV 20

9:00 AM - 10:00 AM

### Podcast Release

Learning from Sharing: A Series of Voices on Diversity. Interview **TRG** with Jenny McCormick.

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10:30 AM - 11:45 AM

### Ceremony & Discussion

on Transgender safety. **GO** 

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12:00 PM - 1:30 PM


### Representation Matters

Join poet Junie Désil on 'Thinking **GF** About Racism in Canada' 

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3:30 PM - 5:00 PM

### Mapping in a Man's World

Rosemary Wardley: 'Amazing Tales of Feminist and Queer Mapping: Adventures in a Male-dominated Field' **NRESi** 

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7:00 PM - 9:00 PM


### My Prairie Home Talk

Watch the film about Rae Spoon at [nfb.ca](http://nfb.ca) & come to discuss! **GO**

## SAT NOV 21

1:00 PM - 2:30 PM


### Creative Writing Workshop

Led by Junie Désil 

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4:00 PM - 5:30 PM

### Maker Musings

Live Q&A with ceramicist Leanna Carlson. Pre-watch video on Two Rivers Gallery socials & come to discuss. **TRG** 

## SUN NOV 22

DAY OF FEMINIST REST AND RESTORATION



A mug symbol beside an event means there is a complimentary beverage tab. More info on page 2.



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## MON NOV 23

9:00AM - 10:30AM

### Reimagining Feminism in Contemporary Collage

Sara Knelman of Two Rivers Gallery tells us about how artists have used collage to explore feminism and resistance.

**TRG**

11:00AM - 1:00PM

### Mentoring Workshop

Start the week off with an interactive workshop led by Shawna Dempsey, internationally renowned artist and mentoring expert

**TRG**

4:30PM - 6:30PM

### Reading, Resiliency, and Indigenous Leadership

Professional planner and author Elaine Alec presents her 2020 book *Calling My Spirit Back*.



## TUE NOV 24

10:00AM - 11:00AM

### Earth Embodiment Practices for Womxn

Celebrate your body with Carla from Chinook Yoga.

11:30AM - 12:30PM

### PGPL Feminist Storytime

Find event at [facebook.com/pglibrary](https://facebook.com/pglibrary)

**PGPL**

12:00PM - 1:30PM

### Imposter Syndrome: Sharing Stories & Strategies

Led by life coach Zandra Ross.

5:30PM - 6:30PM

### Claiming Spaces

Watch videos at [iwau.ca](http://iwau.ca) & come to discuss!

7:00PM - 9:00PM

### Mentoring Workshop

Workshop for artists about equity in the arts, led by Shawna Dempsey

**TRG**

## WED NOV 25

11:00AM - 12:30PM

### Commemorative Ceremony

Gather to mark the anniversary of the Montreal Massacre and to recognize **The National Day of Remembrance and Action on Violence Against Women**.

**NWC**



### Complimentary Tea/Coffee Tab Times & Locations:

To receive a free beverage, visit the following locations at these times and say "I'm ready to share power now!"

(ends when tab runs out)

WED. NOV 18

### Cafe Voltaire

11:00AM - 12:00PM

FRI. NOV 20

House of Ancestors (Una Dune Baiyo) and Zoe's Cafe  
9:30AM - 10:30AM

### Degrees Coffee (UNBC)

11:00AM - 12:00PM and 2:30PM - 3:30PM

SAT. NOV 21

### Zoe's Java House

12:00PM - 1:00PM

### The Makerie

3:00PM - 4:00PM

MON. NOV 23

### House of Ancestors

11:00AM - 11:00AM and 2:30 - 3:30PM

TUE. NOV 24

### Degrees Coffee (UNBC) and Zoe's Java House

11:00AM - 12:00PM

WED. NOV 25

### Degrees Coffee (UNBC) and The Makerie

10:00AM - 11:00AM

**CKPGToday.ca**  
Everything Northern BC!

**the River 1013**

**UNBC**



CITY OF PRINCE GEORGE