

Name: _____

Board 1

| B | I | N | G | O |
|--|--|--|---|---|
| Swap out a fluorescent light bulb for an LED bulb | Add a dry cotton towel to the dryer load for faster drying time | Vacuum the coils at the back of the fridge | Close the windows when the heat is on in your home | Grow some herbs indoors |
| Reach out to a friend you haven't spoken to in a while | Try one new local restaurant | Re-use paper eg. blank side for a week | Look up 'STARS' sustainability standard – share a fave fact | Bike or hike one new trail in your area |
| Find a copy of a utility bill for your house/apartment | Sell/donate an old item you no longer need |  | For one week, track where your waste goes (garbage, recycle, compost) | Lower the thermostat by 1-2°C before bed for improved sleep |
| Take a cooler shower to increase circulation and relieve muscle pain | Have an electronics-free hour before bed three times this week | Look up 'Passive House' – share a fave fact | Use a low-flow shower head | Visit a new park in your area – share a fave photo or moment |
| Read UNBC's 2019 Carbon Neutral Action Report – share a fave fact | Share a recommendation on social media for a fave local business | Re-purpose something no longer used/useful | Prepare one meal without stove or oven | Commute one day without your vehicle (bus, bike, walk, rollerblade even!) |

How to Play:

- Complete one or more lines on a board. Play all three boards if you're up for a challenge! Each completed line counts as one entry to win. A line is made by connecting five boxes in either a straight line or on a diagonal. Lines may make use of the 'free' star in the middle of the board.
- Keep evidence of each completed tile – a photo, video, receipt, screenshot, journal entry, scribbles, – it's up to you! Evidence will be used to determine a participant's eligibility and their number of entries. Be sure to submit evidence for each tile.
- To enter, email energy@unbc.ca with a photo or digital copy of your marked up board(s) and corresponding evidence for each tile. The first 15 verified participants automatically win a \$5 gift certificate from Degrees Coffee. They will also be entered in to the main draw.
- All verified entries will be entered into the main draw.
 - I would LOVE to share my stories and tile evidence with UNBC Marketing for current and future campaign promotion!
 - I wish to opt out of sharing my stories and tile evidence for UNBC Marketing purposes.